

On The Road To Emmaus

As we walk through this life sometimes we are not very observant. Our minds are so preoccupied with thoughts that we fail to see what is going on around us. Personally on occasion I have even driven to work and then realized later that I did not remember the drive from house to the study. It was not a memory problem but rather a problem of awareness. Our level of awareness impacts our prayer life.

The Scriptures tell us if we want a healthy prayer life, we must be aware. The Scriptures tell us: "Watch and pray that you may not enter into temptation. The spirit indeed is willing, but the flesh is weak." **Matthew 26:41 (esv)**

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It is only through being alert that we will know what to ask of our Father. The Scriptures continue on: "Continue steadfastly in prayer, being watchful in it with thanksgiving." **(Col 4:2 ESV)**

*"But stay awake at all times, praying that you may have strength to escape all these things that are going to take place, and to stand before the Son of Man." **(Luke 21:36 ESV)***

*"But as for me, I will look to the LORD; I will wait for the God of my salvation; my God will hear me." **(Mic 7:7 ESV)***

As we pass through this season of plague and pestilence, are we who are followers of Jesus both awake and watchful?

A fellow disciple