

## **On The Road To Emmaus**

As we are walking down the road of life we have the ability to engage in prayer that gives thanks in times of trouble. We often think of troubling times as a time of distress that we need to seek relief from. Many times during these periods of difficulty our prayers tend to reflect an attitude of desperation and anxiety. However in the season of trouble that comes to us all, we do not have to look at it this way. Instead we have the option of seeing these times as a special opportunity for prayers of thanksgiving, praise and adoration.

The psalmist tells us: *"I will bless the LORD at all times; his praise shall continually be in my mouth. My soul makes its boast in the LORD; let the humble hear and be glad. Oh, magnify the LORD with me, and let us exalt his name together! I sought the LORD, and he answered me and delivered me from all my fears."* (Ps 34:1-4 esv)

These verses let us know that the psalmist had faced difficulty and fear in his life. In the difficulty and the fear, look at what he prayed, *"I will bless the Lord at all times;"*. Even though I do not understand, even though in my the flesh I am afraid, *"I will bless the Lord"*. Even though my life is full of uncertainty, *"My soul makes its boast in the LORD;"*.

In walking on the road of life, do you bless the LORD continually? In walking on the road of life do you continually praise the LORD? In walking on the road of life is your boast in the LORD?

Oh, brothers and sisters this is the way it should be. The last thing the psalmist tells us in these verses, is that it is the LORD who answers us and it is the LORD who delivers us from our fears.

May we be the people who bless the LORD, boast in the LORD and praise the LORD in all circumstances because He is our LORD and there is none like HIM.

## **A Fellow Disciple**